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Black Lives Matter: A Call to Action for Counseling Psychology Leaders


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Article

Racism in the Structure of Everyday Worlds: A Cultural-Psychological Perspective

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**ORGANISATIONS,
RACE & TRAUMA**

Table 1. Black Lives Matter's Principles

Principle	Meaning
All Black Lives Matter	All Black lives have value, including queer, transgender, formerly incarcerated, poor/working class, differently abled, women's, immigrant, elderly, and young Black lives. BLM supporters have a respect for diversity, identify with the international Black community and their issues, and a desire to create spaces that affirm those Black individuals who are disproportionately subjected to oppression.
Love and self-love are signposts of success	This principle is broad and involves having (a) empathic understanding; (b) desire to pursue restorative justice; (c) loving, forthright, and honest communication; (d) a constant and active self-care practice supported by human and financial resources; and (e) a belief that "To love and desire freedom and justice for ourselves is a necessary prerequisite for wanting the same for others."
360 degree vision guides work	The past, including Black historical struggles and Black elders or ancestors, and the future, including the generations to come, are to be honored. "Black villages," where people join communities of extended families to care for one another as a collective, are cultivated and avoid ageism. BLM facilitates reflexive innovation by requiring supporters to "embrace the best tools, practices, and tactics, and leave behind those that no longer serve us" (Movement for Black Lives, 2015, p. 10).
Training and leadership development is constant	Individuals who are most directly affected by oppression are experts who should lead the movement. The movement has been described as leaderfull because there are leaders across the United States working locally, and in national and international coalitions, for Black liberation.

Black Lives Matter: A Call to Action for Counseling Psychology Leaders

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WHAT IS RACISM?



“The protests happening right now in the US are not just about justice for George Floyd, who was killed in the custody of the Minneapolis Police Department on May 24. The demonstrations are also about systemic racism that is not only ingrained into police tactics but into wider society through prejudice, oppression, and the resulting lack of opportunity, employment, and educational advancement”.

<https://www.stuff.co.nz/world/americas/121695439/why-black-lives-matter-in-new-zealand-too>

Criminal Justice

Māori 10 times more likely to be tasered

While Māori are 16.5 per cent of the population, they make up only 3.5% Doctors 6% lawyers and 5% academic scholars

Health

Housing

53% Māori deaths, 47% Pasifika deaths and 23% non Māori / Pasifika deaths due to potentially avoidable causes

Employment

Income

Suicide rates in Māori are double that of non Māori

Rate of suspension from schools is three times higher for Māori

<https://www.auckland.ac.nz/en/news/2020/07/01/opinion-karamia-muller-black-lives-matter.html>

<https://www.sciencedirect.com/science/article/pii/S0742051X09000080>

http://journal.mai.ac.nz/sites/default/files/MAIJrnl_8_2_McAllister_FINAL.pdf



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‘Focusing on individual prejudice can obscure the role that institutional and cultural processes play in maintaining race-based hierarchies’.

read:<https://www.psychologicalscience.org/observer/racism-further-considerations-from-psychological-science>

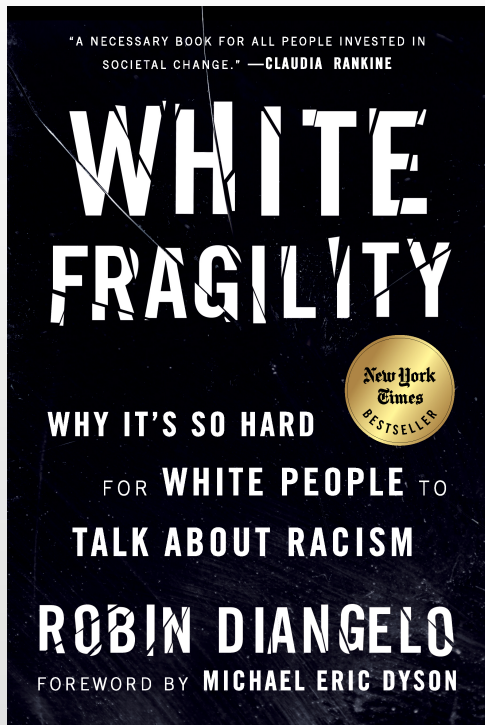




What does BLM mean to you

AND

Your work as a psychologist



<https://www.racialequitytools.org/resourcefiles/mcintosh.pdf>

<https://www.stuff.co.nz/world/americas/121695439/why-black-lives-matter-in-new-zealand-too>

